

**Mark Armin Lupo, M.D., F.A.C.E.**

- Specialty:** Adult Thyroid and Endocrinology  
Practice Limited to Thyroid and Parathyroid Disorders
- Practice:** Mark A. Lupo, M.D. P.A.  
Thyroid & Endocrine Center of Florida  
5741 Bee Ridge Road, Suite 500  
Sarasota, Florida 34233  
(941) 342-9750  
(941) 342-9788 (fax)
- Website:** www.thyroidflorida.com
- Hospital:** Doctors Hospital of Sarasota                      Sarasota Memorial Hospital  
5731 Bee Ridge Road                                      1700 South Tamiami Trail  
Sarasota, Florida 34233                                      Sarasota, Florida 34239
- Medical Training:** Fellowship in Endocrinology, Metabolism and Nutrition  
University of California San Diego, California  
July 1, 2000 to June 30, 2001  
Scripps Clinic, La Jolla, California  
July 1, 2001 to June 30, 2002
- Internship and Residency in Internal Medicine, University of Florida  
Gainesville, Florida  
July 1997 to June 2000
- Education:** M.D., University of Florida College of Medicine  
Gainesville, Florida  
August 1993 to May 1997
- B.A., Duke University  
Durham, North Carolina  
Major: Comparative Area Studies  
September 1988 to May 1992
- Professional:** Diplomat, ABIM, Internal Medicine, 2000  
Diplomat, ABIM, Endocrinology, Diabetes and Metabolism, 2002  
Fellow, American College of Endocrinology, 2004  
Florida Radioactive Materials License  
AAACE/ISCD Certified in Bone Densitometry, January 2001  
AAACE Certified in Thyroid Ultrasound and Ultrasound Guided FNA Biopsy,  
January 2002  
AAACE Advanced Thyroid and Parathyroid Ultrasound Course, November 2003  
Advanced Endocrine Neck Ultrasound Master Course, June 2005
- Teaching Activities:** Faculty, AAACE Basic Ultrasound Course  
Director, Ultrasound FNA and Cytology Course, in conjunction with  
Dr. Nicole Massoll, Director of Cytopathology at the University of Florida
- Organizations:** Academy of Clinical Thyroidologists, President 2008-2009  
American Association of Clinical Endocrinology (AAACE)  
American Thyroid Association (ATA)  
The Endocrine Society  
Florida Chapter - AAACE

Florida Medical Association  
American Mensa Society

**Committees/Service:** Committee Member, AACE Nuclear Medicine Task Force, 2005-present  
Committee Member, ATA Programming Committee, 2006-2008  
Med Help International – Web-based Patient Information, Thyroid Forum Doctor Volunteer

**Publications:** Dahl, R., Bernheisel-Broadbent, J., Scanlon-Holdford, S., Sampson, H.,  
**Lupo, M.** “Sleep Disturbances in Children with Atopic Dermatitis.”  
Archives of Pediatric and Adolescent Medicine. 149(8); pp.856-60, August 1995

**Lupo, M.** et al. “A Case of Amiodarone Induced Thyrotoxicosis Complicated by Iodinated Contrast Exposure.” Abstract, Endocrine Society 2002

**Lupo, M,** Triffon, D. “The Utility of Adding Phytosterols to Current Lipid Lowering Regimen in a Lipid Clinic.” Abstract, American Diabetes Association 2002

**Presentations:** “Amiodarone Induced Thyrotoxicosis”  
Scripps Green Hospital Grand Rounds, April 2002

“Management of Adrenal and Thyroid Crises in the ICU”  
Doctors Hospital of Sarasota, August 2003

“Levothyroxine Management & Thyroid Disease”  
Sarasota, Florida, January 2005, November 2006, July 2007

“Thyroid Nodules & Subclinical Thyroid Disease”  
CME Presentation, Sarasota, November 2005

“Osteoporosis Update”  
CME Presentation, Sarasota, March 2006

“Graves Hyperthyroidism”  
Sarasota Memorial Hospital Grand Rounds, September 2006

Speaker at the National Thyroid Cancer Survivors’ Association (ThyCa)  
Orlando, Florida, October 2006

**Awards/Honors:**

*Professional:* Academy of Clinical Thyroidologists, President 2008-2009

*Fellowship:* Endocrine Fellow Travel Award, Endocrine Society 2001  
Pfizer Scholars in Endocrinology Award 2002

*Residency:* Emergency Department Resident of the Month, February 1999

*Medical School:* NIH Medical Student Research Fellowship, summer 1994

*Undergraduate:* Graduated Cum Laude  
Vice-President, Alpha Phi Omega Service Organization, 1992  
Mellon Summer Research Fellowship in Psychiatry, 1991

**Personal:** Born March 16, 1970 in Tampa, Florida